




'OCTOBER 2017'

Manila
LIONS



BREAKFAST PK - 12 *THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
BREAKFAST CEREAL	SAUSAGE	BREAKFAST PIZZA	MINI PANCAKES	CINNAMON ROLL
STRING CHEESE	BISCUIT	APPLE SLICES	ORANGE	APPLE
RAISINS	FRUIT CUP	ORANGE JUICE	APPLE JUICE	ORANGE JUICE
ORANGE JUICE	APPLE JUICE	MILK	MILK	MILK
MILK	MILK			
9	10	11	12	13
BLUEBERRY MUFFIN	CHICKEN	CINI MINI	PANCAKE WRAP	PRETZEL STICK
YOGURT	BISCUIT	FRUIT CUP	APPLE SLICES	RAISINS
ORANGE	APPLE	APPLE JUICE	ORANGE JUICE	APPLE JUICE
APPLE JUICE	ORANGE JUICE	MILK	MILK	MILK
MILK	MILK			
16	17	18	19	20
PK - CEREAL	HAM	BREAKFAST WRAP	MINI FRENCH TOAST	"NO SCHOOL"
SUPER BUN	BISCUIT	RASINS	ORANGE	
STRING CHEESE	FRUIT CUP	ORANGE JUICE	APPLE JUICE	
APPLE	APPLE JUICE	MILK	MILK	
ORANGE JUICE	MILK			
MILK				
23	24	25	26	27
CEREAL BAR	BREAKFAST BAR	PRETZEL STICK	BREAKFAST BITES	SAUSAGE
YOGURT	BISCUIT	APPLE	FRUIT CUP	BISCUIT
RAISINS	ORANGE	ORANGE JUICE	APPLE JUICE	APPLESAUCE
ORANGE JUICE	APPLE JUICE	MILK	MILK	ORANGE JUICE
MILK	MILK			MILK
30	31			
PK - CEREAL	GRAVY			MONDAY: HIGH SCHOOL ONLY:
SUPER DONUT	BISCUIT			TUESDAY: CHEESY BACON BISCUIT
STRING CHEESE	APPLE			WEDNESDAY: PARFAIT / BAR
ORANGE	ORANGE JUICE			THURSDAY: CHICKEN AND BISCUIT
APPLE JUICE	MILK			FRIDAY: SMOOTHIE / BAR
MILK				FRIDAY: CHEESY EGG BISCUIT

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LUNCH PK -8 *THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CHICKEN FAJITA WRAP	HOT HAM AND CHEESE	CHICKEN DRUMSTICK	VEGETABLE BEEF SOUP	PANCAKES / SYRUP
LETTUCE, TOMATOES	LETTUCE / TOMATO	MASHED POTATOES	CARCKERS	SAUSAGE LINKS
CHEESE, SALSA	OVEN BAKED FRIES	LIMA BEANS	SQUARE CHEESE	TOMATO WEDGES
WHOLE KERNEL CORN	PEARS	HOT ROLL	CARROT STICKS	YOGURT
APPLE SLICES	MILK	PEACHES	APPLESAUCE	FRUIT MIX
MILK		MILK	BLUEBERRY BAR / MILK	MILK
9	10	11	12	13
TACO SALAD	HOT DOG	SWEET SOUR CHICKEN	SPAGHETTI	SCRAMBLES EGGS
LETTUCE, TOMATOES	SLAW	FRIED RICE	TOSSED SALAD/ RANCH	HAM / BISCUIT
CHEESE, SALSA	QUICK BAKED POTATO	EGG ROLL	GREEN BEANS	TATER TOTS
WHITE BEANS	FRUIT MIX	GREEN PEAS	ITALIAN BREADSTICK	SLICED CARROTS
PEACHES	MILK	PINEAPPLES	PEARS	ORANGE WEDGES
MILK		MILK	MILK	MILK
16	17	18	19	20
CHICKEN NACHOS	CHEESEBURGER	CRISPITO	CHILI CHEESE PIE	"NO SCHOOL"
LETTUCE, TOMATOES	LETTUCE / TOMATO	MACARONI AND CHEESE	VEGGIE STICKS	
CHEESE, SALSA	OVEN BAKED FRIES	LIMA BEANS	WHOLE KERNEL CORN	
BLACKEYE PEAS	FRESH FRUIT WEDGES	PEACHES	FRUIT MIX	
MANDARIN ORANGES	MILK	MILK	MILK	
MILK				
23	24	25	26	27
BEEF TACO	CHICKEN SANDWICH	SALISBURY STEAK	LASAGNA	GRAVY AND BISCUIT
LETTUCE, TOMATOES	LETTUCE / TOMATO	CREAM POTATOES	TOSSED SALAD / RANCH	SAUSAGE
CHEESE, SALSA	OVEN BAKED FRIES	GREEN PEAS	BLACKEYE PEAS	GRAPE TOMATOES
WHOLE KERNEL CORN	APPLESAUCE	HOT ROLL	ITALIAN BREADSTICK	HASHBROWN
PEACHES	MILK	FRUIT MIX	PEARS	ORANGE WEDGES
MILK		MILK	MILK	MILK
30	31			
MEXICAN CHICKEN	CORN DOG		"MENU IS ALWAYS SUBJECT TO CHANGE"	
TOSSED SALAD / RANCH	VEGGIE STICKS			
GREEN PEAS	WHITE BEANS			
ITALIAN BREADSTICK	ORANGE WEDGES			
PINEAPPLES	MILK			
MILK				



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LUNCH 9 - 12 *THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER*

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	2		3		4		5		6
CHICKEN FAJITA WRAP		HOT HAM AND CHEESE		CHICKEN DRUMSTICK		VEGETABLE BEEF SOUP		PANCAKES / SYRUP	
LETTUCE, TOMATOES		LETTUCE / TOMATO		MASHED POTATOES		CARCKERS		SAUSAGE LINKS	
CHEESE, SALSA		OVEN BAKED FRIES		LIMA BEANS		SQUARE CHEESE		TOMATOE WEDGES	
WHOLE KERNEL CORN		PEARS		HOT ROLL		CARROT STICKS		YOGURT	
APPLE SLICES		FRESH FRUIT		PEACHES		APPLESAUCE /ORANGE JU		FRUIT MIX	
FRESH FRUIT / MILK		MILK		FRESH FRUIT / MILK		BLUEBERRY BAR / MILK		FRESH FRUIT / MILK	
	9		10		11		12		13
TACO SALAD		HOT DOG		SWEET SOUR CHICKEN		SPAGHETTI		SCRAMBLES EGGS	
LETTUCE, TOMATOES		SLAW		FRIED RICE		TOSSED SALAD/ RANCH		HAM / BISCUIT	
CHEESE, SALSA		QUICK BAKED POTATO		EGG ROLL		GREEN BEANS		TATER TOTS	
WHITE BEANS		FRUIT MIX		GREEN PEAS		ITALIAN BREADSTICK		SLICED CARROTS	
PEACHES		FRESH FRUIT		PINEAPPLES		PEARS		ORANGE WEDGES	
FRESH FRUIT / MILK		MILK		FRESH FRUIT / MILK		FRESH FRUIT / MILK		APPLE JUICE / MILK	
	16		17		18		19		20
CHICKEN NACHOS		CHEESEBURGER		CRISPITO		CHILI CHEESE PIE		 "NO SCHOOL"	
LETTUCE, TOMATOES		LETTUCE / TOMATO		MACARONI AND CHEESE		VEGGIE STICKS			
CHEESE, SALSA		OVEN BAKED FRIES		LIMA BEANS		WHOLE KERNEL CORN			
BLACKEYE PEAS		FRESH FRUIT WEDGES		PEACHES		FRUIT MIX			
MANDARIN ORANGES		ORANGE JUICE		FRESH FRUIT		FRESH FRUIT			
FRESH FRUIT / MILK		MILK		MILK		MILK			
	23		24		25		26		27
BEEF TACO		CHICKEN SANDWICH		SALISBURY STEAK		LASAGNA		GRAVY AND BISCUIT	
LETTUCE, TOMATOES		LETTUCE / TOMATO		CREAM POTATOES		TOSSED SALAD / RANCH		SAUSAGE	
CHEESE, SALSA		OVEN BAKED FRIES		GREEN PEAS		BLACKEYE PEAS		GRAPE TOMATOES	
WHOLE KERNEL CORN		APPLE SAUCE		HOT ROLL		ITALIAN BREADSTICK		HASHBROWN	
PEACHES / FRESH FRUIT		FRESH FRUIT		FRUIT MIX		PEARS		ORANGE WEDGES	
MILK		MILK		FRESH FRUIT / MILK		FRESH FRUIT / MILK		APPLE JUICE / MILK	
	30		31						
MEXICAN CHICKEN		CORN DOG		CHOICE OF SALAD MEALS		 "MENU IS ALWAYS SUBJECT TO CHANGE"		CHOICE OF SANDWICH	
TOSSED SALAD / RANCH		VEGGIE STICKS		OFFERED FRESH				MEALS OFFERED WITH	
GREEN PEAS		WHITE BEANS		EACH DAY:				LETTUCE / TOMATO	
ITALIAN BREADSTICK		ORANGE WEDGES						FRIES AND FRUIT:	
PINEAPPLES		APPLE JUICE		DELI HAM				CHEESEBURGER	
FRESH FRUIT / MILK		MILK		GRILLED CHICKEN		SPICY CHICKEN			