

SEPTEMBER 2017

Manila
LIONS



BREAKFAST PK - 12 *THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER*

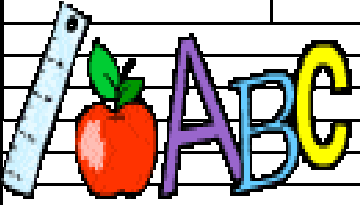

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
HIGH SCHOOL ONLY:								1	
MONDAY'S: SAUSAGE&BISCUIT		*** MENU IS ALWAYS SUBJECT TO CHANGE ***				BREAKFAST CEREAL			
TUESDAY'S: CHICKEN&BISCUIT						STRING CHEESE			
WEDNESDAY'S: PARFAIT / BAR						STRAWBERRY CUP			
THURSDAY'S: WRAP						APPLE JUICE			
FRIDAY'S: SMOOTHIE / BAR						MILK			
4		5		6		7		8	
NO SCHOOL		(PK-CEREAL) SUPER DONUT		CHICKEN AND BISCUIT		PANCAKE WRAP		BREAKFAST BAR	
		CHEESE STICK		FRUIT CUP		ORANGE		BISCUIT / JELLY	
		RAISINS		ORANGE JUICE		APPLE JUICE		APPLE SLICES	
		APPLE JUICE		MILK		MILK		ORANGE JUICE	
		MILK						MILK	
11		12		13		14		15	
BLUEBERRY MUFFIN		MINI PANCAKES		SAUSAGE AND BISCUIT		CINNA MINI		BREAKFAST BURRITO	
CHEESE STICK		APPLE		ORANGE		APPLESAUCE		BANANA	
RAISINS		ORANGE JUICE		APPLE JUICE		ORANGE JUICE		APPLE JUICE	
APPLE JUICE		MILK		MILK		MILK		MILK	
MILK									
18		19		20		21		22	
BREAKFAST COOKIE		DUTCH WAFFLES		HAM AND BISCUIT		BREAKFAST PIZZA		GRAVY AND BISCUIT	
YOGURT		GRAPES		APPLE		ORANGE		APPLE	
APPLE		APPLE JUICE		ORANGE JUICE		APPLE JUICE		ORANGE JUICE	
ORANGE JUICE		MILK		MILK		MILK		MILK	
MILK									
25		26		27		28		29	
(PK- CEREAL)		(PK- CEREAL)		(PK- CEREAL)		(PK- CEREAL)		(PK- CEREAL)	
SUPER BUN		MINI FRENCH TOAST		CHEESY BACON BISCUIT		FRUIT FRUDEL		BREAKFAST BITES	
CHEESE STICK		APPLE		ORANGE		RAISINS		APPLESAUCE	
RAISINS		ORANGE JUICE		APPLE JUICE		ORANGE JUICE		APPLE JUICE	
APPLE JUICE		MILK		MILK		MILK		MILK	
MILK									

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LUNCH PK - 8 *THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	**** MENU IS ALWAYS SUBJECT TO CHANGE ****			1
			****WHOLE GRAINS ****FRESH VEGETABLES ****FRESH FRUITS ****100% JUICE ****SKIM & 1% MILK	CHICKEN DRUMSTICK MASHED POTATOES GREEN PEAS HOT ROLL APPLE SLICES MILK
4 NO SCHOOL	5	6	7	8
	PANCAKES / SYRUP SAUSAGE LINKS GRAPE TOMATOES YOGURT ORANGE WEDGES MILK	BEEF TACO LETTUCE, TOMATOES CHEESE, SALSA WHOLE KERNEL CORN PEARS MILK	HOT HAM AND CHEESE LETTUCE / TOMATO OVEN BAKED FRIES FRUIT MIX MILK	LASAGNA TOSSED SALAD / RANCH LIMA BEANS ITALIAN BREADSTICK PEACHES MILK
11	12	13	14	15
CHEESY PIZZA GARDEN SALAD/ RANCH WHOLE KERNEL CORN APPLESAUCE CRISPY TREAT MILK	SCRAMBLED EGGS HAM / BISCUIT SWEET POTATO BITES SLICED CARROTS ORANGE WEDGES MILK	TERIYAKI CHICKEN BROWN RICE GREEN PEAS HOT ROLL PEACHES MILK	CHEESEBURGER LETTUCE / TOMATO POTATO WEDGES CINNAMON APPLE BAKE MILK	MEXICAN CHICKEN TOSSED SALAD / RANCH GREEN BEANS HOT ROLL FRUIT MIX MILK
18	19	20	21	22
CORN DOG TATER TOTS WHITE BEANS PEACHES MILK	CHICKEN AND WAFFLES TOSSED SALAD / RANCH SLICED CARROTS FRUIT MIX MILK	CHEESY BEEF MACARONI SLAW BLACK - EYED PEAS CORNBREAD APPLESAUCE MILK	HAM AND CHEESE WRAP LETTUCE / TOMATO BAKED BEANS CHIPS GRAPES MILK	TACO CASSEROLE GARDEN SALAD / RANCH LIMA BEANS HOT ROLL MANDARIN ORANGES MILK
25	26	27	28	29
PEPPERONI PIZZA TOSSED SALAD / RANCH BROCCOLI AND CHEESE PEARS MILK	CHEESY HAM EGG WRAP TOMATO WEDGES HASHBROWN FRESH ORANGE WEDGES MILK	CHILI VEGGIE STICKS WHOLE KERNEL CORN CRACKERS PEACHES MILK	HOT DOG SLAW OVEN BAKED FRIES FRUIT MIX MILK	SPAGHETTI GARDEN SALAD / RANCH GREEN BEANS ITALIAN BREADSTICK PINEAPPLES MILK

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LUNCH 9 - 12 *THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GRAB & GO SALADS:		SECOND CHOICE LINES:		1
MONDAY'S: HAM	**** MENU IS ALWAYS	MONDAY'S: LOADED POTATO	****WHOLE GRAINS	CHICKEN DRUMSTICK
TUESDAY'S: BREADED CHICKEN	SUBJECT TO CHANGE ****	TUESDAY'S: HAMBURGER MEAL	****FRESH VEGETABLES	MASHED POTATOES
WEDNESDAY'S: HAM AND EGG	HIGH SCHOOL ONLY:	WEDNESDAY'S: WRAP MEAL	****FRESH FRUITS	GREEN PEAS
THURSDAY'S: GRILLED CHICKEN	HOT LUNCH LINES: 1&2	THURSDAY'S: PIZZA MEAL	****100% JUICE	HOT ROLL
FRIDAY'S: HAM	SECOND CHOICE LINES: 3&4	FRIDAY'S: CHICKEN SANDWICH	****SKIM & 1% MILK	APPLE SLICES
	GRAB AND GO SALADS: ALL	MEAL		FRESH FRUIT / MILK
4	5	6	7	8
NO SCHOOL	PANCAKES / SYRUP	BEEF TACO	HOT HAM AND CHEESE	LASAGNA
	SAUSAGE LINKS	LETTUCE, TOMATOES	LETTUCE / TOMATO	TOSSED SALAD / RANCH
	GRAPE TOMATOES	CHEESE, SALSA	OVEN BAKED FRIES	LIMA BEANS
	YOGURT	WHOLE KERNEL CORN	FRUIT MIX	ITALIAN BREADSTICK
	FRESH ORANGE WEDGES	PEARS	FRESH FRUIT	PEACHES
	APPLE JUICE / MILK	FRESH FRUIT / MILK	MILK	FRESH FRUIT / MILK
11	12	13	14	15
CHEESY PIZZA	SCRAMBLED EGGS	TERIYAKI CHICKEN	CHEESEBURGER	MEXICAN CHICKEN
GARDEN SALAD/ RANCH	HAM / BISCUIT	BROWN RICE	LETTUCE / TOMATO	TOSSED SALAD / RANCH
WHOLE KERNEL CORN	SWEET POTATO BITES	GREEN PEAS	POTATO WEDGES	GREEN BEANS
APPLESAUCE	SLICED CARROTS	HOT ROLL	CINNAMON APPLE BAKE	HOT ROLL
CRISPY TREAT	ORANGE WEDGES	PEACHES	FRESH FRUIT	FRUIT MIX
FRESH FRUIT / MILK	APPLE JUICE / MILK	FRESH FRUIT / MILK	MILK	FRESH FRUIT / MILK
18	19	20	21	22
CORN DOG	CHICKEN AND WAFFLES	CHEESY BEEF MACARONI	HAM AND CHEESE WRAP	TACO CASSEROLE
TATER TOTS	TOSSED SALAD / RANCH	SLAW	LETTUCE / TOMATO	GARDEN SALAD / RANCH
WHITE BEANS	SLICED CARROTS	BLACK - EYED PEAS	BAKED BEANS	LIMA BEANS
PEACHES	FRUIT MIX	CORNBREAD	CHIPS	HOT ROLL
FRESH FRUIT	FRESH FRUIT	APPLESAUCE	GRAPES	MANDARIN ORANGES
MILK	MILK	FRESH FRUIT / MILK	ORANGE JUICE / MILK	FRESH FRUIT / MILK
25	26	27	28	29
PEPPERONI PIZZA	CHEESY HAM EGG WRAP	CHILI	HOT DOG	SPAGHETTI
TOSSED SALAD / RANCH	TOMATO WEDGES	VEGGIE STICKS	SLAW	GARDEN SALAD / RANCH
BROCCOLI AND CHEESE	HASHBROWN	WHOLE KERNEL CORN	OVEN BAKED FRIES	GREEN BEANS
PEARS	FRESH ORANGE WEDGES	CRACKERS	FRUIT MIX	ITALIAN BREADSTICK
FRESH FRUIT	APPLE JUICE	PEACHES	FRESH FRUIT	PINEAPPLES
MILK	MILK	FRESH FRUIT / MILK	MILK	FRESH FRUIT / MILK