



# Manila Elementary Lunch Menu

September 2018

<p>3</p> <p>No School</p>	<p>4</p> <p>Chicken Enchiladas Pizza burger Diced chicken salad Grape tomatoes Mexican corn Tossed salad Assorted Fruit</p>	<p>5</p> <p>Chicken Alfredo Hot Dog Chicken patty sandwich Chicken Cesar salad Roasted eggplant Celery sticks Tossed salad Assorted fruits</p>	<p>6</p> <p>General Tso chicken Yellow rice Bacon cheese burger Chicken flatbread Kickin pinto beans Baby carrots Tossed salad Assorted fruits</p>	<p>7</p> <p>Pepperoni pizza Chicken patty sandwich Chicken parm flatbread Fruit and cheese salad Steamed broccoli Cucumber slices Tossed salad Assorted fruit</p>
<p>10</p> <p>Salisbury steak and noodles BBQ chicken sandwich Chicken pinwheel Beef nacho salad Corn Broccoli Tossed salad Assorted fruit</p>	<p>11</p> <p>Sweet and sour chicken Mozzarella sticks Turkey sandwich Tossed salads Green beans Red pepper strips Tossed salad Assorted fruit</p>	<p>12</p> <p>Chicken nuggets with mac and cheese Ham and cheese sub Chicken ranch salad Maple mashed sweet potatoes Zucchini squash Tossed salad Assorted fruit</p>	<p>13</p> <p>Chicken Crisпитos Cheeseburger Honey mustard chicken wrap Winter fruit and cheese salad Baked beans Celery sticks</p>	<p>14</p> <p>Cheese pizza Chicken spaghetti Egg salad sandwich Popcorn chicken salad Cucumber and tomato salad Green peas Tossed salad Assorted fruit</p>
<p>17</p> <p>Chicken drumstick Corn muffin Sort taco Ham sandwich Egg chef salad Mashed potato Broccoli Tossed salad Assorted fruit</p>	<p>18</p> <p>Chicken patty parm Turkey cheese melt Asian chicken wrap Popcorn chicken ranch salad Green beans Red pepper strips Assorted fruit</p>	<p>19</p> <p>Chili potato Popcorn chicken Diced chicken salad Taco salad Orange glazed carrots Zucchini Tossed salad Assorted fruit</p>	<p>20</p> <p>General Tso's popcorn chicken Eggroll Cheeseburger Turkey and cheese sandwich Baked beans Celery sticks Tossed salad Assorted fruit</p>	<p>21</p> <p>Pepperoni pizza Spick chicken sandwich Ham and cheese wrap Fruit and cheese salad Steamed spinach Baby carrots Tossed salad Assorted fruit</p>
<p>24</p> <p>Chili cogs Hamburgers Chicken Cesar wrap Nacho bean salad Green beans Fresh tomatoes Tossed salad Assorted fruit</p>	<p>25</p> <p>Popcorn chicken bowl Chicken patty sandwich BBQ chicken sandwich Fruit and cheese salad Mexican corn Grape tomatoes Tossed salad Assorted fruits</p>	<p>26</p> <p>Nacho tater bites BBQ rib sandwich Chicken ranch club Egg salad salad Acorn squash Celery sticks Tossed salad Assorted fruit</p>	<p>27</p> <p>Popcorn chicken Cheeseburger Ham and cheese sandwich Turkey chef salad Kickin pinto beans Baby carrots Tossed salad</p>	<p>28</p> <p>Cheese pizza Tuna salad sandwich Chicken cheese salad Steamed broccoli Cucumber slices Tossed salad Assorted fruits</p>
<p>1</p> <p>Salisbury steak Chicken quesadilla 3 cheese sub Tuna salad salad Corn Broccoli Tossed salad Assorted fruits</p>	<p>2</p> <p>Nachos Hamburger Santa fe wrap Buffalo ranch chicken salad Green beans Sliced red pepper strips Tossed salad Assorted fruit</p>	<p>3</p> <p>Oriental popcorn chicken Chicken patty sandwich Ham and cheese sub Turkey and cheese salad Sweet potato</p>	<p>4</p> <p>Chili mac Hot dog Chicken patty with cheese Ranch chicken salad Baked beans Celery stick Tossed salad Assorted fruit</p>	<p>5</p> <p>Pepperoni pizza Turkey and cheese sandwich Baja chicken salad Sweet peas Cucumber and tomato salad Tossed salad Assorted fruit</p>

## Fun Fact...

Minerals help make healthy skin, strong bones and teeth. Vitamins help your body stay healthy and fight disease, they are found in fruits and vegetables.

## Beverage options include:

Milk, Juice, Or Water