



Breakfast Menu

3

No School

4

Cherry Frudel
Assorted Fruit
Juice
Milk

5

Breakfast Pizza
Assorted Fruit
Juice
Milk

6

Bagel w/ cream
cheese
Assorted Fruit
Juice
Milk

7

Sausage Biscuit
Assorted Fruit
Juice
Milk

10

Blueberry Waffle
Assorted Fruit
Juice
Milk

11

Egg & Ham Biscuit
Assorted Fruit
Juice
Milk

12

Bagel & Sausage
Assorted Fruit
Juice
Milk

13

Glazed Donut
Assorted Fruit
Juice
Milk

14

Super Donut
Assorted Fruit
Juice
Milk

17

Breakfast Pizza
Assorted Fruit
Juice
Milk

18

Sausage Biscuit
Assorted Fruit
Juice
Milk

19

Pancake on a Stick
Assorted Fruit
Juice
Milk

20

Egg & Bacon
Biscuit
Assorted Fruit
Juice
Milk

21

Sugar Cinnamon
Donut Holes
Assorted Fruit
Juice
Milk

24

Sausage & Egg
Biscuit
Assorted Fruit
Juice
Milk

25

Maple Waffles
Assorted Fruit
Juice
Milk

26

Breakfast Pizza
Assorted Fruit
Juice
Milk

27

Maple Pancakes
Assorted Fruit
Juice
Milk

28

Pancake on a Stick
Assorted Fruit
Juice
Milk

1

Apple Frudel
Assorted Fruit
Juice
Milk

2

Chocolate Filled
Crescent
Assorted Fruit
Juice
Milk

3

Sausage Biscuit
Assorted Fruit
Juice
Milk

30

Breakfast Pizza
Assorted Fruit
Juice
Milk

31

Berry French Toast
Assorted Fruit
Juice
Milk

More info...

Daily Options include: Yogurt w/ String Cheese and Graham Crackers, Cereal Bar, Muffins, Pop Tart's, or Cereal

Fun Fact...

Breakfast literally means to break the fast after a long night's sleep. It is a crucial meal that refuels the body and the brain with energy and nutrients. Eating breakfast has been shown to improve mental alertness and physical performance.