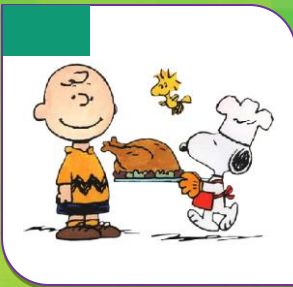




Manila High School

LUNCH MENU

November 2018



1
 Popcorn chicken
 Chicken Cheddar wrap
 Turkey Chef Salad
 Campfire beans
 Baby Carrot
 Side Salad
 Assorted Fruit
 Milk/Water

2
 Ham & /cheese Melt
 Turkey cob salad w/
 Roll
 Broccoli, red pepper
 strips, Side Salad
 Milk/Water

5
 Salisbury steak
 w/ gravy & roll
 Chicken Quesadilla
 3 Cheese Sub
 Tuna Veg .Salad
 Corn, Baby Carrots
 Side Salad
 Milk/Water

6
 Dorito Nacho
 Chicken/Cheese
 Flatbread
 Ham Salad
 Red Peppers
 Side Salad
 Milk/Water

7
 Oriental Popcorn chicken
 Ham & Cheese Sand.
 BBQ Chicken on Bun
 Turkey Chef Salad w/roll
 Sweet Potato fries
 Zucchini/ Side Salad
 Milk/Water

8
 Chili Mac w/ Flatbread
 Thai Chicken Wrap
 Chicken, Cheese &
 Bacon Melt on Ciabatta
 Ranch Chicken Salad
 Black Beans, Celery
 Side Salad Roll
 Milk/Water

9
 Turkey & Cheese Sand.
 Baja Chicken Salad
 Chicken, Bacon Melt
 Carrot sticks, Spinach
 Side Salad & Roll
 Milk/ Water

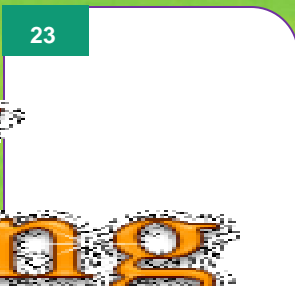
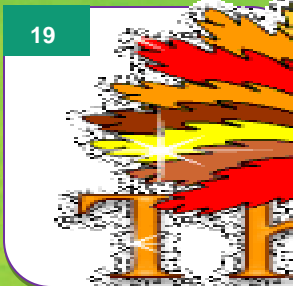
12
 Chicken Patty w/ gravy
 Mashed Potato / Roll
 Pizza Salad
 Turkey Sandwich
 Tomato Wedges
 Green Beans, Side Salad
 Milk/Water

13
 Enchilada w/ Breadstick
 Tuna salad Sandwich
 Egg platter Salad w/
 Roll
 Grape Tomatoes, Corn
 Side Salad
 Milk/ Water

14
 Turkey & Cheese Wrap
 Chicken Caesar Salad
 Chicken Alfredo
 Celery, Side Salad
 Cucumber /tomato Salad
 Milk/Water

15
 Bacon Cheeseburger
 Jerk Chicken Flatbread
 Nacho Chicken Salad
 Kickin Pinto Beans
 Baby Carrots
 Side Salad
 Milk/Water

16
 Chicken Parmesan
 Flatbread
 Fruit Salad with
 Cinnamon Chips
 Side Salad
 Broccoli
 Milk/Water



19
20
 Soft Beef Taco
 Egg Chef Salad w/Roll
 Ham and cheese Melt
 Broccoli, Baked Beans
 Side Salad
 Milk/Water

21
22
 Chicken Parmesan W/
 Penni Pasta
 Asian Chicken Wrap
 Popcorn Chicken
 Buffalo ranch salad
 Red peppers strip, Corn
 Side Salad
 Milk/Water

23
24
 Popcorn Chicken w/ roll
 Taco Salad
 Chicken BLT Sub
 Mashed Potatoes
 Green Pea
 Side Salad
 Milk/Water

25
26
 Oriental Chicken
 With Egg Roll
 Ham/Turkey chef Salad
 Turkey & Swiss Sub
 Celery, Sweet Potato
 Side Salad Roll
 Milk/Water

27
28
 Ham & Turkey Wrap
 Fruit Salad
 With Cinnamon Chips
 Spinach
 Carrots
 Side Salad
 Milk/Water

More info...

Daily Options include: Yogurt w/ String Cheese and Graham Crackers, Cereal Bar, Muffins, Pop Tart's, or Cereal

Be Thankful this Holiday Season