



Manila Middle School Breakfast Menu

October 2018

1 Apple Frudel Assorted Fruit Juice Milk	2 Chocolate Filled Crescent Assorted Fruit Juice Milk	3 Sausage Bagel Assorted Fruit Juice Milk	4 Breakfast Pizza Assorted Fruit Juice Milk	5 Pancake on a Stick Assorted Fruit Juice Milk
8 Bacon & Cheese Biscuit Assorted Fruit Juice Milk	9 Egg and ham biscuit Assorted Fruit Juice Milk	10 Blueberry Waffles Assorted Fruit Juice Milk	11 Bagel w/ cream cheese Assorted Fruit Juice Milk	12 Sausage Biscuit Assorted Fruit Juice Milk
15 Cherry Frudel Assorted Fruit Juice Milk	16 Ham, Egg Cheese Biscuit Assorted Fruit Juice Milk	17 Sausage Bagel Assorted Fruit Juice Milk	18 Donut Assorted Fruit Juice Milk	19 
22 Breakfast Pizza Assorted Fruit Juice Milk	23 Sausage Biscuit Assorted Fruit Juice Milk	24 Pancake on a Stick Assorted Fruit Juice Milk	25 Bacon Egg Biscuit Assorted Fruit Juice Milk	26 Super Donut Assorted Fruit Juice Milk
29 Apple frudel Assorted Fruit Juice Milk	30 Apple frudel Assorted Fruit Juice Milk	31 Sausage biscuit Assorted fruits Juice Milk		



Every day options include:
Yogurt w/ string cheese and graham
crackers,
Cereal bar, Muffin, PopTart, or Cereal.